The ALIVE National Centre Pocket Map 2024 Edition for Mental Health Research Translation

PATHWAYS OF FAMILIES INTERMEDIARY HORIZON

EXPERIENCE CO-DESIGN The Pocket Map Guide

Differences in

Recovery

Group-Centred

Pelational

Models

RESEARCH TRANSLATION

Co-Designed

Measures

for what matters

and for whom

START

HERE

The 2022 Edition shared emotion mapped priorities of 88 consumers and carers living with mental ill-health.

The 2023 Edition confirmed priorities and shared new priorities from 365 consumers and carers from the 2022 Annual Lived-Experience Priorities Survey. This included updated priorities from the review of the ALIVE National co-designed Roadmap at the 2023 Holistic Terrains Symposium.

This 2024 Edition reflects the main priorities of 78 families where parents experience mental ill-health from the 2023 Annual Lived-Experience Priorities Survey and the updated priorities from the review of the ALIVE National co-designed Roadmap at the 2024 Holistic Formations Symposium.



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Relational

Systems

POINTS OF DIFFERENCE 2023-2024

- = BLUE MEANS updated priorities from families in the 2023 Lived-Experience Survey that are shared with the priorities that consumers and carers contributed in the 2022 survey. Blue icons also represent renewed priorities from review of progress on Roadmap at the 2024 Holistic Formations Symposium.
- 👚 = GREEN MEANS the policy and practice arrangements required to freiform national mental health and well-being and the priorities for the ALIVE National Centre from its 2024 Call to Action Casting











- * Lived-Experience in All Research Education of Professionals & Community Prevention for Holistic Health
 - Rural, Regional and Remote Equity **Human and Legal Rights**

MENTAL HEALTH CARE IMPROVEMENT PRIORITIES

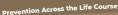
- Holistic Care
 - **Ways to Manage Signs & Triggers**

Impacts of Stigma

- Suicide Prevention Peer Workforce Non-pharmacological Options
- Psychosocial Care and Recovery Alcohol and Other Drugs
- Ontimised Medications Treatments with Less Side Effects

PRIORITIES TO TARGET IN SOCIAL DETERMINANTS

- Compound Trauma
- * Accessibility to Services
- * Family Violence Impacts of Stigma
- * Housing Physical Health
- Loss of Community
- Cultural and Community Responsiveness



MENTAL HEALTH

PRIORITIES

Priority Populations

Holistic &

Longitudinal

Care

Longer, Healthier Lives

Lived-Experience Research



